

# PerformCare can Help!

If your child struggles with:



Anxiety and/or  
Depression

Behavior  
Problems

Intellectual/  
Developmental  
Disabilities

Open the  
door for  
support.

Major Loss,  
Change or  
Trauma

Call 1-877-652-7624

01  
STEP  
Parent calls  
PerformCare  
1-877-652-7624

02  
STEP  
PerformCare  
Determines Eligibility  
for Services

03  
STEP  
Child/Family  
Receive Support  
Services with  
Optional School  
Collaboration

## **Strategies for Creating and Sustaining Effective Partnerships between School Districts and Care Management Organization (CMO)**

1. **Go** to the [NJ CMO](#) website and click “Find a CMO” to locate the CMO that serves your county as part of the NJ Children’s System of Care. When emailing or calling, ask for the Executive Director, Director of Operations, or Community Resource Director who will identify the appropriate point of contact for CMO-district collaboration.
  
2. **Participate in meetings** for continuity of care (with permission given by the parent/guardian pursuant to HIPAA and/or FERPA as appropriate):
  - o Inquire when CFT (Child Family Team) Meetings are taking place and ask to be invited in those meetings (These occur approximately every 60-90 days).
  - o Invite Care Management staff to IEP meetings\*
  - o Invite Care Management staff to schedule meetings/observations with students and/or staff when appropriate or applicable. These are typically from 10-20 minutes in length.
  - o Set up quarterly/semi-annual collaborative meetings with CMO staff to discuss updates, strategies, and any additional services that are available or needed.
  - o Invite your county’s CMO to set up a table at Back to School Night, parent-teacher conference night, a school wellness fair, and/or to provide an in-service for school staff or a workshop for parents.
  
3. If a student will receive services through the CMO, the district may receive documentation of the nature of the services. Contact the CMO point of contact for the individual CMO’s procedures for notification to districts and to discuss the best way to partner to meet the needs of your students and staff.

\*In accordance with N.J.A.C. 6A:14-2.3(k)2vii, inform the parent in the notice of meeting that the Care Management Member will be invited to the meeting based on their knowledge regarding the student in order to provide input with respect to the determination and delivery of special education and related services to the student, and to ensure consistency between the CMO and school district provided services.